

Activity: Make fat balls for the birds

You will need:

- Vegetable suet
- Bird food mix (such as peanuts, birdseed, crumbs, grated cheese and currants)
- Yogurt pots
- String
- Skewer or needle –

ask an adult for help with this bit

As a guide, you should try to have about twice as much bird food mix compared to the amount of suet you use.

Instructions!

- Make a hole in the yogurt pot and thread a length of string through.
- Mix together your dry ingredients.
- Melt the suet in a big pan or microwavable bowl – ask an adult to help.
- Stir the bird food mix and suet together.
- Spoon into the prepared yogurt pots and squash down firmly, making sure the string runs through the middle of the mixture.
- Leave to chill in the fridge.
- Cut away the yogurt pot and tie knots in the string to secure it.
- Hang from a tree, bush or pole.

