

What are the benefits of ELSA?

Children learn better and are happier if their emotional needs are addressed .

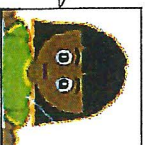
They learn to:

- develop coping strategies and talk about difficulties.
- interact more successfully with others.
- develop greater self-awareness
- manage school better and feel better about themselves.

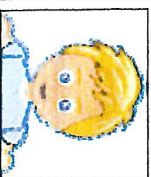
Pupils with an ELSA feel they have been listened to and supported commenting that;



I don't worry anymore



I have learnt lots about myself



It was nice to talk openly

What can I do to help at home?

- Find time to listen to your child
- Do lots of fun things together
- Encourage your child to see the positives in every situation
- Encourage problem solving to find peaceful solutions
- Help your child to see things from the view of other people
- Discuss any problems or concerns you have with your child's teacher/ SENCO

Who to contact

ELSA School Contact:

Mrs Elson

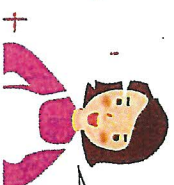
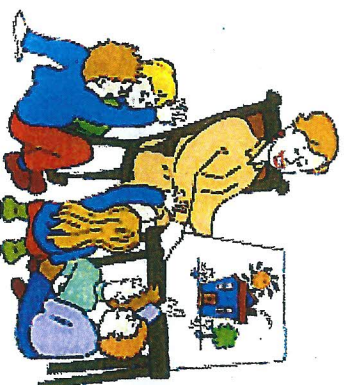
Lostock Gralam School



ELSA project
developed by
Sheila
Burton

www.elsanetwork.org

Emotional Literacy Support Assistants



Who are they?
What do they do?



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developed by Sheila
Burton

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